

# BARLEY *mow*

## sample menu

### NIBBLES

Olives V £3.25

Haddock goujons with tartare and lemon £4.25

Crispy potato skins with blue cheese sauce V £4.50

Braised pork croquettes with smoked cheese dip £3.95

Nachos with melting cheese, tomato relish, guacamole and sour cream V £4.95

Add cowboy chilli £2.95, chorizo sausage £1.95

### STARTERS

Seasonal soup with bread and butter V £4.50

Potted braised beef with pickles and toast £5.95

Sticky chilli chicken with baby gem and lemon yoghurt £6.25

Lamb kofta with minted sour cream and pomegranate salad £6.95

Horseshoe black pudding with breaded hen's egg and brown sauce £6.25

Barley Mow prawn cocktail with punchy cocktail sauce, apple and radish £6.95

Baked Camembert for two with garlic, rosemary and chargrilled ciabatta V £10

### SANDWICHES & SALADS

Chilli chicken wrap with gem lettuce, spicy yoghurt and fries £7.25

Smoked salmon and prawn salad with potato and dill crème fraiche £9.95

Hot braised brisket, sticky onion gravy on toasted ciabatta with fries £8.95

Field mushrooms in garlic butter on toasted ciabatta with fries and salad V £6.95

Open prawn and smoked salmon with granary bread, cocktail sauce fries and salad £9.95

Caesar salad, crispy bacon, garlic croutes, anchovies and Caesar dressing VA £6.95

Add chicken £3.95

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## MAINS

- Battered haddock and chips with mushy peas and tartare sauce £12.95  
Toad in the hole with green beans, mash potato and onion gravy £10.50  
Pork schnitzel with warm potato salad, capers, watercress and duck egg £13.50  
Malaysian seafood curry with fragrant rice, coconut and chilli sambal VA £16.50  
Spatchcock poussin with potato skins, Caesar salad and spicy yoghurt dressing £14.50  
Grilled Cajun chicken burger with melting cheese and bacon, fries and onion rings £10.95  
Mow burger with melting cheese and bacon, lettuce, tomato, barbecue sauce £12.50  
Mince steak and onion plate pie with mushy peas, chips and gravy £11.50  
Lamb hot pot with minted peas and pickled red cabbage £13.95  
Tasty Lancs macaroni cheese with spinach V £7.50  
Add chicken £3.95, Smoked bacon £1.50, Smoked salmon £3.95

Meat platter for two £30.00

Rib eye steak on the bone, Sticky chilli chicken, Barbecue baby back ribs, Spiced lamb koftas, Stuffed potatoes with bacon and cheese, watercress and tomato salad, Caesar salad, blue cheese sauce and a rich onion gravy

28 day dry-aged Lancashire beef, roast field mushrooms, grilled tomatoes, onion rings and proper chips  
10oz Rump £17.95    8oz Rib-eye £18.50    10oz Sirloin £22.50  
Sauces - Pepper £1.95 Blue cheese £1.95

## SIDES

£3.25

Sea salt fries

Proper chips

Seasonal greens

Green salad

## DESSERTS

- Syrup sponge with proper custard £5.50  
Brûlée of the week with shortbread biscuit £5.25  
Warm chocolate pudding with salted caramel ice cream £6.50  
Seasonal fruit crumble with granola topping and real custard £5.25  
Sticky toffee pudding with rum and raisin ice cream, toffee sauce £5.25  
Ice cream selection with raspberry sauce, mini marshmallows and wafer £5.25  
Three or Five Cheese selection with chutney, grapes, crackers and fruit cake £6.95 or £8.95