

BARLEY *mow*

NIBBLES

- Olives V £3.25
- Haddock goujons with tartare and lemon £4.25
- Crispy potato skins with blue cheese sauce V £4.50
- Braised pork croquettes with smoked cheese dip £5.95
- Nachos with melting cheese, tomato relish, guacamole and sour cream V £4.95
- Add cowboy chilli £2.95, chorizo sausage £1.95

STARTERS

- Seasonal soup with bread and butter V £4.50
- Horseshoe black pudding with breaded hen's egg and brown sauce £6.25
- Devilled kidneys on toast with crispy pancetta £6.50
- Lamb kofta with minted sour cream and pomegranate salad £6.95
- Sticky chilli chicken with baby gem and lemon yoghurt £6.25
- Potted braised beef with pickles and toast £5.95
- Barley Mow prawn cocktail with punchy cocktail sauce, apple and radish £6.95
- Baked Camembert for two with garlic, rosemary and chargrilled ciabatta V £10

SANDWICHES & SALADS

- Hot braised brisket, sticky onion gravy on toasted ciabatta with fries £8.95
- Open prawn and smoked salmon with granary bread, cocktail sauce fries and salad £9.95
- Field mushrooms in garlic butter on toasted ciabatta with fries and salad V £6.95
- Chilli chicken wrap with gem lettuce, spicy yoghurt and fries £7.25
- Smoked salmon and prawn salad with potato and dill crème fraiche £9.95
- Caesar salad, crispy bacon, garlic croutes, anchovies and Caesar dressing VA £6.95
- Add chicken £3.95

MAINS

- Pork schnitzel with warm potato salad, capers, watercress and duck egg £13.50
Spatchcock poussin with potato skins, Caesar salad and spicy yoghurt dressing £14.50
Malaysian seafood curry with fragrant rice, coconut and chilli sambal VA £16.50
Toad in the hole with green beans, mash potato and onion gravy £10.50
Battered haddock and chips with mushy peas and tartare sauce £12.95
Mow burger with melting cheese and bacon, lettuce, tomato, barbecue sauce £12.50
Grilled Cajun chicken burger with melting cheese and bacon, fries and onion rings £10.95
Mince steak and onion plate pie with mushy peas, chips and gravy £11.50
Lamb hot pot with minted peas and pickled red cabbage £13.95
Tasty Lancs macaroni cheese with spinach V £7.50
Add chicken £3.95, Smoked bacon £1.50, Smoked salmon £3.95

Meat platter for two £30.00

Rib eye steak on the bone, Sticky chilli chicken, Barbecue baby back ribs, Spiced lamb koftas, Stuffed potatoes with bacon and cheese, watercress and tomato salad, Caesar salad, blue cheese sauce and a rich onion gravy

28 day dry-aged Lancashire beef, roast field mushrooms, grilled tomatoes, onion rings and proper chips
10oz Rump £17.95 8oz Rib-eye £18.50 10oz Sirloin £22.50
Sauces - Pepper £1.95 Blue cheese £1.95

SIDES

£3.25

Sea salt fries

Proper chips

Seasonal greens

Green salad

DESSERTS

- Syrup sponge with proper custard £5.50
Warm chocolate pudding with salted caramel ice cream £6.50
Mango and passion fruit delice with a ginger and lime biscuit £5.95
Brûlée of the week with shortbread biscuit £5.25
Pancakes with ice cream and warm chocolate sauce £4.95
Ice cream selection with raspberry sauce, mini marshmallows and wafer £5.25
Three or Five Cheese selection with chutney, grapes, crackers and fruit cake £6.95 or £8.95